**WTHS Gymnastics Team**

**Team Contract 2021**

Being part of a high school sports team will be one of the most memorable experiences. You will build new friendships, reach great success and have a ton of fun along the way. However, being part of a team also requires responsibility. As part of a team you must be a team player and everyone on the team must follow certain guidelines in order for it to move smoothly.

After reading the following guidelines please sign below and have a parent/guardian sign on the other line and return to your coaches by Thursday August 26th 2021.

* You are representing WTHS and at **all** times you should conduct yourselves in an appropriate and mature manner. Players will conduct themselves with class and dignity, while treating teammates, administrators, opponents and officials with respect.
* Being a member of this team means making a commitment. Being at practice and meets is an integral part of your commitment. Please do your best to manage your time and plan appointments and other obligations before or after practices/meets.
* If you need to miss practice you need to notify me before practice begins that day, otherwise your absence will not be excused. You can call, email or text. Notifying another team member even the leadership committee will not suffice. If you need to miss a meet please see me in person the day before the meet at the very latest.
* 3 UNEXCUSED missed practices or 1 missed meet is automatic expulsion from the team.
* You need to be present to set-up and break down the gym each day- We need everyone’s help. You must be prepared to work hard during practice. Sitting and socializing is not an option and a leo must be worn each day.
* If you need to stay after school for extra help or another reason you must notify me before practice begins and you must be at practice by 3:00 pm with a note/pass.
* No cell phones allowed on the floor- they must remain in the locker room unless you have permission from one of the coaches to be on your phone
* You are responsible for all self-expression such as text messaging, social media accounts, emails, etc. Please take care in what you are writing/posting.
* On the days we have meets you need to wear what the captains specify
* In order to walk out as a team we all need to be in proper uniform, please be sure you have all appropriate belongings at meets. Competition leo and warm up are mandatory at all competitions. All team members will remain in leo/warm up during a meet- no sweats or other clothing are permitted during a meet.
* We will let you know the events you are competing, not the other way around
* Open communication is the key to a successful team. If you have concerns or please speak to one of the coaches.
* Remember your coaches have the final say in regards to safety, competition and other team related decisions.
* We are here to help you succeed and of course to assist you with anything you may need. If you have an issue/problem that does or doesn’t deal with gymnastics we are more than happy to sit and talk with you at an appropriate time. However, please try to not let it interfere with your practice or anyone else’s.

Please sign below:

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Gymnast Parent/Guardian